

WHAT IS BULLYING?

South Intermediate

2010

BULLYING

- A person is being bullied when he or she is exposed repeatedly and over time, to negative actions on the part of one or more persons.
 - Olweus, 1986-1993

CHARACTERISTICS OF BULLYING

- The behavior is aggressive or malicious.
- It is repeated and goes on over time.
- It occurs in a relationship between two people when one person feels stronger or more important than the other.

TYPES OF BULLYING

- Physical
- Verbal
- Emotional or Exclusion
- Cyber-bullying

PHYSICAL

- Hitting
- Kicking
- Any other type of physical aggression

VERBAL

- Teasing
- Name-calling
- Put-downs
- Other behaviors that would deliberately hurt others' feelings or make them feel bad.

EMOTIONAL OR EXCLUSION

- Starting rumors
- Telling others not to be friends with someone
- Other actions that would cause someone to be without friends.

CYBER-BULLYING

- Using electronic devices:
 - Computers
 - Cell phones
 - Other devices
- Through methods such as:
 - Posting comments, statements, or pictures on blogs or websites, text messages, instant messaging, and e-mail.

WHO IS INVOLVED IN BULLYING?

- Bully - The person who is committing the act.
- Target - The person who is being bullied.
- Bystander - Someone who observes the behavior.

WHERE DOES BULLYING MOST OFTEN TAKE PLACE ?

- Bus
- Hallways
- Lockers/Locker room
- Café
- Outside before/after school
- Classroom

WHAT SHOULD WE DO?

- STOP

- THINK

- ACT

STOP

- Target - Identify behavior and/or language that is making you uncomfortable. Is the behavior aggressive, repeated, and is there an imbalance in power. Am I being bullied?
- Bully - Identify behavior as bullying (verbal, physical, emotional)
- Bystander - Observe and identify bullying behavior (verbal, physical, emotional)

THINK

- Target - What strategies can I try? What options do I have? Is there an adult I can talk with?
- Bully - What is my purpose for bullying? Was there anything wrong with what I did? Could I choose other ways to solve my problem? What kind of person do I want to be? How do I want others to see me?
- By stander - What can I do to help? How can I make a difference? What are my options? Brainstorm ideas with friends. What strategies can I offer to the target?

ACT

- Target - Try my strategies. Tell an adult. Make an anonymous referral.
- Bully - Do the right thing by changing my behavior. Make amends and apologize to the target. Treat all students with respect.
- Bystander- Reach out to target. Tell bully to stop. Encourage target to take action. Report to adult. Make anonymous referral.

FACTS & STATISTICS ON BULLYING

- 1 out of 2 kids is Bullied.
- 1 out of 5 kids admits to being a bully, or doing some "Bullying."
- 8% of students miss 1 day of class per month for fear of Bullies.
- 43% fear harassment in the bathroom at school.
- 282,000 students are physically attacked in secondary school each month.
- Playground statistics - Every 7 minutes a child is bullied. Adult intervention - 4% Peer intervention- 11% No intervention - 85%.
- Between 15 and 25 children every year commit suicide because they are being bullied (there may be more we don't know about, and many more than this attempt it because bullying had made them so unhappy.)

~Sonia Sharp

WHAT HAPPENS WHEN BULLYING IS IGNORED?

- Target
 - Depression
 - Low self-esteem
 - Health problems
 - Poor grades
 - Suicidal thoughts

WHAT HAPPENS WHEN BULLYING IS IGNORED?

○ Bully

- Get into frequent fights
- Steal and vandalize property
- Drink alcohol and smoke
- Report poor grades
- Perceive a negative climate at school
- Carry a weapon

WHAT HAPPENS WHEN BULLYING IS IGNORED?

- Bystanders
 - Fearful
 - Powerless to act
 - Guilty for not acting
 - Tempted to participate

FALSE ACCUSATIONS

•POLICY PROHIBITS ANY PERSON FROM FALSELY ACCUSING ANOTHER AS A MEANS OF HARASSMENT OR BULLYING.

FALSELY ACCUSING
SOMEONE IS A FORM OF
BULLYING!!!!!!

SOUTH WANTS BULLYING TO STOP!

How do we get that to happen?

**WE NEED YOUR
HELP!!**

That is the only way this will WORK!

ANTI-BULLYING POSTER COMPETITION.

- Our school needs a symbol to represent the steps STOP, THINK, ACT.
- The winning idea/symbol will be our school wide anti-bullying symbol.
- This symbol will appear everywhere.
- It will be a constant reminder that bullying will not be ignored in South Intermediate.
- It will also remind students of the proper steps needed to be taken in order for bullying to STOP!

ANTI-BULLYING PROGRAM TIMELINE

- 11/12/2010 Student council meeting with guidance and administration (morning meeting)
- 11/12/2010 Faculty meeting (1:30 PM)
- 11/15/2010 Grade level assemblies
- 11/16/2010 Extended homeroom schedule
- 11/19/2010 Homeroom symbol submission
- 11/22/2010 Final 3 symbols picked by student council
- 11/23/2010 Winning symbol voted on by student body
- 11/24/2010 Winning homeroom announced
- 12/3/2010 T-shirt design completed
- 12/23/2010 Pizza Party for winning homeroom